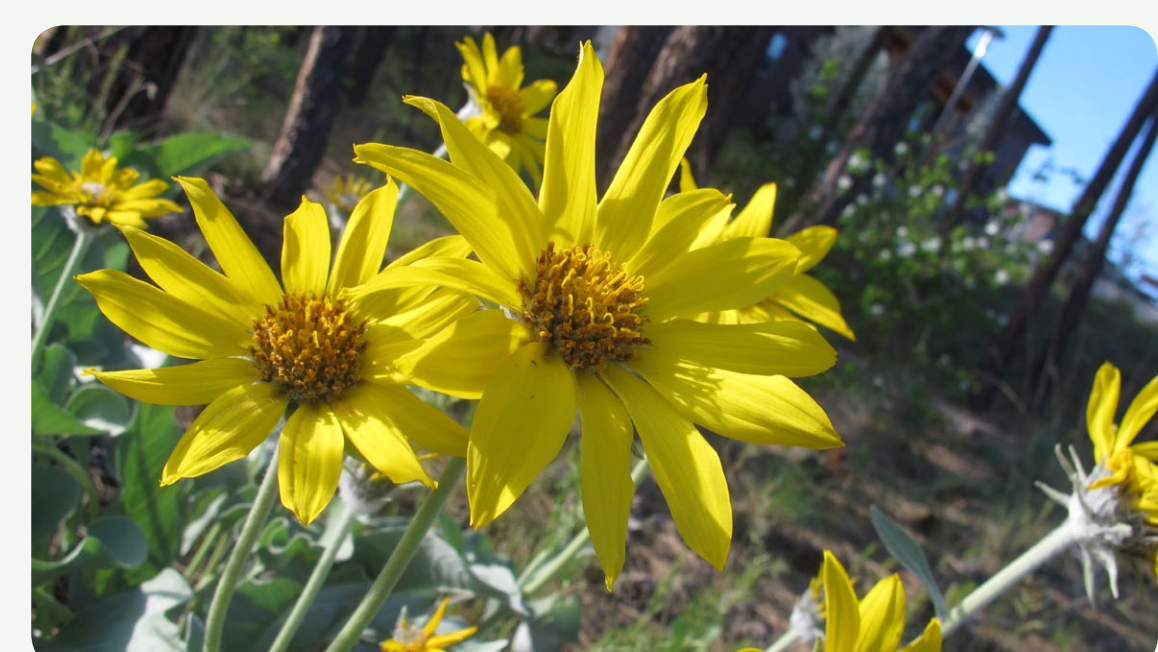








# CAMPUS TRAILS

These trails provide the opportunity to enjoy the breathtaking natural environment of the Central Okanagan. The development of campus trails is a collaboration between staff, faculty, students, and community members. Look for signs along the trails to learn about the connection between humans and nature.



 FOR MORE INFORMATION OR TO GET INVOLVED: [ubc.ca/okanagan/students/health-wellness/UBCO\\_Trails.html](http://ubc.ca/okanagan/students/health-wellness/UBCO_Trails.html)

-  **EXERCISE** - Take some time to try out some unique exercises specific to these trails. Move your body!
-  **HISTORY** - Enjoy the history behind the land you walk on with intriguing Okanagan facts and Aboriginal stories.
-  **NATURE** - Learn something new about the abundant ecosystem we are so privileged to enjoy: water, flora, fauna, and land.
-  **LEARN** - UBC's surroundings are sites for innovative research and academic opportunities ranging from habit studies to ecoart.
-  **RELAX** - Appreciate the beauty, ease stresses, and take a mental break.

 Watch for the green feet along campus sidewalks to lead you to the next path

**PINE TRAIL** takes you through picturesque forested hillsides on campus, and provides a great workout for people of all fitness levels. 20 minutes to walk.

**SNOWBERRY LOOP** provides an Eastern sweeping view of hillsides and farms in the neighbourhood of Ellison. The paved route is perfect for a brisk walk during a lunch or study break.

**OLD POND TRAIL** is home to the campus pond, a natural wetland ecosystem and engineered water system. In this unique site, diverse interests come together: at-risk wildlife species, the original farmhouse, the Learning Garden, and a First Nations fire pit.

**JUNIPER TRAIL** connects Snowberry Loop with Pine Trail. Enjoy a quick walk through the trees and reconnect with nature.



**a place of mind**  
THE UNIVERSITY OF BRITISH COLUMBIA  
Okanagan Campus

[startanevolution.ca](http://startanevolution.ca)

The current network of trails is just the beginning. Discover how you can contribute to further development.